THE

ALE

HOUSE

ATLANTA LONGEVITY EXPERIENCE

THE ALE HOUSE

ATLANTA LONGEVITY EXPERIENCE

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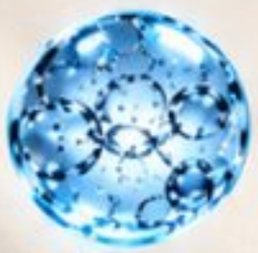
SIGNATURE TREATMENT

Organic *Facial*

CLEANSE · NOURISH · REJUVENATE.

A customized facial using organic, high-quality ingredients to cleanse, restore, and nourish the skin. This luxurious treatment is designed to enhance your skin's natural radiance while supporting long-term skin health.

KEY BENEFITS



DEEP CLEANSING

Removes impurities and refreshes the skin.



NOURISHES & RESTORES

Delivers essential nutrients to support a healthier, more radiant complexion.



IMPROVES SKIN TEXTURE

Helps refine tone, smooth roughness, and enhance clarity.



PROMOTES LONG-TERM SKIN HEALTH

Supports balance, hydration, and overall skin vitality.



TREATMENT DETAILS

SESSION LENGTH
60–75 minutes

COMFORT LEVEL
Relaxing and soothing

RECOMMENDED SERIES
1 treatment or monthly for optimal results

DOWNTIME
None.
You can return to normal activities immediately.

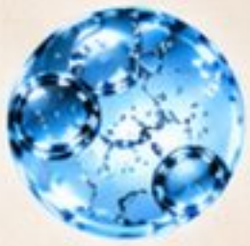
SIGNATURE TREATMENT

Hydra *facial*

CLEANSE · EXTRACT · HYDRATE · GLOW.

A medical-grade facial treatment that deeply cleanses, gently extracts impurities, and infuses the skin with intense hydration and targeted serums. This multi-step treatment improves skin clarity, texture, and overall radiance with no downtime.

KEY BENEFITS



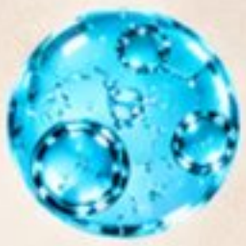
DEEP CLEANSING

Removes impurities, excess oil, and build-up from the pores.



GENTLE EXTRACTION

Clears congested pores without irritation.



INTENSE HYDRATION

Infuses the skin with nourishing serums to restore moisture and radiance.



IMPROVES SKIN HEALTH

Enhances tone, texture, and clarity for a smoother, brighter complexion.



TREATMENT DETAILS

SESSION LENGTH
45–60 minutes

COMFORT LEVEL
Relaxing and comfortable

RECOMMENDED SERIES
1 treatment or monthly for optimal results

DOWNTIME
None
You can return to normal activities immediately.

SIGNATURE TREATMENT

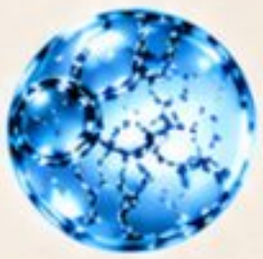
Traditional *Microneedling*

REJUVENATE · RENEW · SMOOTH · GLOW

A minimally invasive treatment that uses fine, sterile needles to create controlled microchannels in the skin, stimulating the body's natural collagen and elastin production for healthier, firmer, and more radiant skin.



KEY BENEFITS



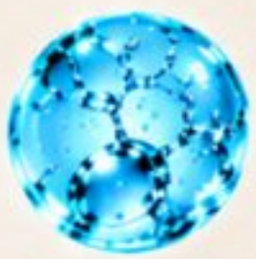
STIMULATES COLLAGEN

Boosts natural collagen and elastin for firmer, smoother skin.



IMPROVES SKIN TEXTURE

Reduces the appearance of fine lines, pores, and uneven texture.



BRIGHTENS COMPLEXION

Enhances skin tone and overall radiance for a healthier glow.



SUPPORTS LONG-TERM RESULTS

Promotes natural skin renewal for continued improvement over time.



TREATMENT DETAILS

SESSION LENGTH
45–60 minutes

COMFORT LEVEL
Mild to moderate discomfort

RECOMMENDED SERIES
3–6 treatments
spaced 4–6 weeks apart

DOWNTIME
1–3 days
Mild redness may occur

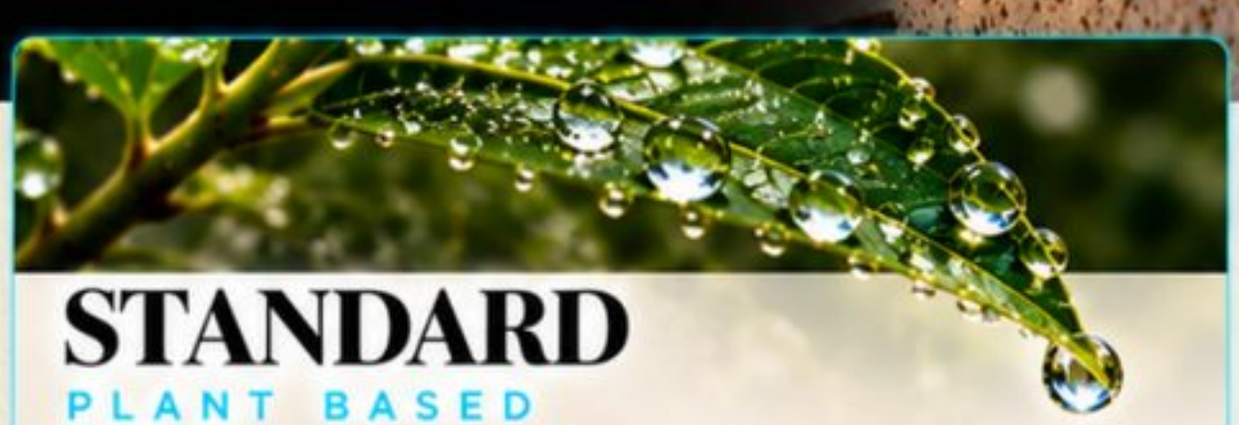
SIGNATURE TREATMENT

Stem Cell *Facial*

REGENERATE · REPAIR · REJUVENATE · GLOW

An advanced facial treatment that uses stem cell technology to support skin regeneration, improve texture, and enhance overall skin health for a firmer, smoother, more radiant complexion.





STANDARD

PLANT BASED

Uses plant-derived stem cells, rich in antioxidants and growth factors, to help revitalize the skin and support its natural repair process.

- Supports natural cell renewal
- Improves tone & texture
- Provides antioxidant protection
- Helps maintain hydration and elasticity



ADVANCED

WHARTON'S JELLY

Uses human umbilical cord-derived Wharton's Jelly stem cells, known for their high regenerative potential and rich concentration of growth factors.

- Supports deeper skin regeneration
- Helps improve firmness and elasticity
- Enhances hydration and barrier function
- Targets fine lines, wrinkles and uneven texture

TREATMENT DETAILS

SESSION LENGTH
60–75 minutes

COMFORT LEVEL
Mild to moderate discomfort

RECOMMENDED SERIES
3–4 treatments spaced 4–6 weeks apart for optimal results.

DOWNTIME
None to 1 day
Mild redness may occur.

ADD-ON TREATMENT

Dermaplaning *Add-On*

SMOOTH · BRIGHTEN · REFINE · ENHANCE

A gentle exfoliating treatment that uses a sterile surgical blade to remove dead skin cells and fine vellus hair (peach fuzz), leaving the skin smoother, brighter, and more radiant.



KEY BENEFITS



EXFOLIATES DEAD SKIN CELLS

Removes buildup for a smoother, more radiant complexion.



REMOVES PEACH FUZZ

Eliminates fine vellus hair for a softer, more even skin texture.



BRIGHTENS SKIN TONE

Helps improve radiance and creates a smoother finish.



ENHANCES PRODUCT ABSORPTION

Allows skincare and treatment products to penetrate more effectively.

TREATMENT DETAILS



SESSION LENGTH

15–30 minutes



COMFORT LEVEL

Mild to none



RECOMMENDED SERIES

Can be added to any facial treatment



DOWNTIME

None

ADD-ON TREATMENT

Nano *Infusion*

ADD ON

A non-invasive, no-downtime treatment that uses ultra-fine nano channels to infuse targeted serums deep into the skin. This enhances absorption, boosts hydration, and delivers a radiant, glass-like complexion.

KEY BENEFITS



DEEPER PRODUCT INFUSION

Allows active ingredients to penetrate more effectively.



INSTANT GLOW

Leaves skin visibly brighter, smoother, and more hydrated.



IMPROVES SKIN TEXTURE

Helps refine pores and promote a softer, more even complexion.



COMPLEMENTS FACIALS

Enhances the effectiveness of skincare treatments and serums.

TREATMENT DETAILS



SESSION LENGTH

10–15 minutes



COMFORT LEVEL

Mild to none



DOWNTIME

None



PAIRS WELL WITH

All facials, microneedling, chemical peels, and targeted serum treatments.

ADD-ON TREATMENT

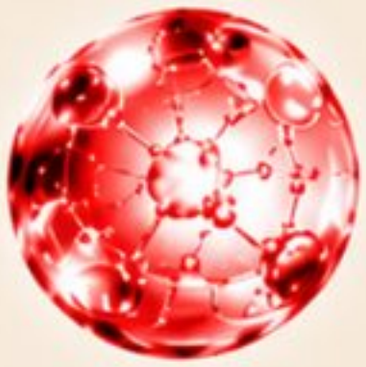
LED Light *Therapy*

ADD ON

A non-invasive treatment that uses specific wavelengths of light to calm inflammation, boost collagen production, and promote clearer, healthier-looking skin.



KEY BENEFITS



RED LIGHT

Helps reduce redness and inflammation, boosts collagen production, and supports healing.



BLUE LIGHT

Targets acne-causing bacteria, helps calm breakouts, and promotes clearer skin.

TREATMENT DETAILS

SESSION LENGTH

10–20 minutes

COMFORT LEVEL

Relaxing

DOWNTIME

None

ADD ON ENHANCEMENT

Salmon DNA *Add On*

REPAIR | REJUVENATE | RESTORE

A regenerative add-on using purified salmon DNA (poly nucleotides) to support cellular repair, improve skin quality, and promote long-term skin health. This powerful biostimulatory ingredient helps enhance hydration, elasticity, and overall radiance.

KEY BENEFITS

STIMULATES REGENERATION
Supports cellular repair and promotes collagen and elastin production.

DEEP HYDRATION
Improves moisture retention for a smoother, more supple complexion.

IMPROVES SKIN QUALITY
Refines texture, reduces visible fine lines, and enhances overall tone.

STRENGTHENS SKIN BARRIER
Supports long-term skin health and resilience.



TREATMENT DETAILS

SESSION LENGTH
15–30 minutes (add-on)

COMFORT LEVEL
Comfortable, minimal discomfort.

RECOMMENDED SERIES
3–4 treatments spaced 4–6 weeks apart for optimal results.

DOWNTIME
Minimal to none. You can return to normal activities immediately.

ADD ON ENHANCEMENT

PRP+HA *Add On*

REPAIR · HYDRATE · REJUVENATE

your plasma, rewritten for healthier, stronger skin

A powerful combination of platelet-rich plasma (PRP) and hyaluronic acid (HA) designed to enhance your treatment results by stimulating natural collagen production, improving skin quality, and delivering deeper, longer-lasting hydration.



together for enhanced results

PRP

RICH IN GROWTH FACTORS THAT STIMULATE COLLAGEN, REPAIR TISSUE, AND REJUVENATE THE SKIN FROM WITHIN.

HYALURONIC ACID

ATTRACTS AND RETAINS MOISTURE, ENHANCING HYDRATION, PLUMPNESS, AND ELASTICITY FOR A SMOOTHER, MORE YOUTHFUL APPEARANCE.

STIMULATES COLLAGEN PRODUCTION

DEEPLY HYDRATES

IMPROVES SKIN QUALITY & TEXTURE

LONGER LASTING RESULTS

ADD ON
ENHANCEMENT

Exosomes *Add On*

REPAIR · REGENERATE · RENEW

A *cutting-edge* add on *using* lab-derived exosomes to *accelerate healing*, reduce inflammation, and stimulate cellular regeneration for healthier, stronger, and more youthful skin.

Smarter Healing
Deeper Results



next generation skin rejuvenation



ACCELERATES HEALING

Supports faster recovery and reduces post-treatment inflammation.



STIMULATES REGENERATION

Enhances cellular repair and boosts collagen and elastin production.



IMPROVES SKIN QUALITY

Refines texture, tone, and overall skin health for a more radiant, youthful appearance.



VERSATILE APPLICATION

Pairs perfectly with microneedling, lasers, peels, and other treatments to enhance your results.

ADD ON ENHANCEMENT

THE X FACTOR FOR REGENERATIVE LIFE CODING

biocodeRX *Add On*

REPAIR · REGENERATE · OPTIMIZE

A next-generation regenerative add on formulated to support cellular repair, reduce inflammation, and enhance overall skin and tissue health.



Advanced Regeneration for Stronger, Healthier Skin

SUPPORTS CELLULAR REPAIR
Helps optimize the skin's natural regenerative processes.

REDUCES INFLAMMATION
Calms and supports a healthier skin environment.

ENHANCES SKIN QUALITY
Improves texture, tone, and overall skin health.

COMPLEMENTS OTHER TREATMENTS
Pairs seamlessly with microneedling, lasers, peels, and injectables for enhanced results.

TREATMENT DETAILS

SESSION LENGTH
15–30 minutes (add-on)

COMFORT LEVEL
Comfortable, minimal discomfort.

RECOMMENDED SERIES
3–4 treatments spaced 4–6 weeks apart for optimal results.

DOWNTIME
Minimal to none. You can return to normal activities immediately.

ADD ON ENHANCEMENT

Wharton's *Jelly*

STEM CELL ADD ON

A powerful regenerative add on using Wharton's jelly-derived stem cells to deeply rejuvenate, repair, and restore skin at the cellular level.



SUPPORTS REGENERATION

Helps stimulate cellular repair and skin renewal.

IMPROVES SKIN QUALITY

Enhances texture, tone, and overall radiance.

BOOSTS COLLAGEN & ELASTIN

Promotes firmer, smoother, and healthier-looking skin.

COMPLEMENTS OTHER TREATMENTS

Pairs seamlessly with microneedling, lasers, peels, and injectables for enhanced results.

IDEAL FOR | Fine lines | Loss of firmness | Dull or tired-looking skin | Overall rejuvenation

INJECTABLE TREATMENTS

Facial *Injections*

NATURAL REJUVENATION FROM WITHIN

Three advanced injectable treatments that harness the body's natural healing factors to restore, repair, and enhance skin for a healthier, more radiant complexion.



PRP

PLATELET RICH PLASMA

Uses concentrated platelets from your own blood to stimulate collagen, accelerate healing, and improve overall skin texture and tone.



KEY BENEFITS

- STIMULATES COLLAGEN
- IMPROVES TEXTURE
- SUPPORTS SKIN RENEWAL
- BRIGHTENS TONE

IDEAL FOR

- Dull or tired-looking skin
- Fine lines and early signs of aging
- Overall skin rejuvenation
- Enhancing results from other treatments

PRF

PLATELET RICH FIBRIN

A next-generation platelet concentrate that releases growth factors slowly over time, providing longer-lasting regenerative and rejuvenating effects.



KEY BENEFITS

- LONGER LASTING RESULTS
- ENHANCES SKIN QUALITY
- IMPROVES ELASTICITY
- SUPPORTS NATURAL REPAIR

IDEAL FOR

- Loss of firmness and elasticity
- Fine lines and wrinkles
- Skin that needs deeper regeneration
- A natural, long-lasting rejuvenation option

SALMON DNA

POLYNUCLEOTIDE THERAPY

Purified salmon-derived DNA (polynucleotides) that support cellular repair, reduce inflammation, and deeply hydrate the skin, resulting in a brighter, smoother, and healthier complexion.



KEY BENEFITS

- SUPPORTS CELLULAR REPAIR
- DEEPLY HYDRATES
- IMPROVES SKIN QUALITY
- CALMS INFLAMMATION

IDEAL FOR

- Dehydrated or sensitive skin
- Uneven texture and dullness
- Redness or inflammation
- Overall skin health and radiance

ADVANCED SKIN REJUVENATION

SylfirmX

RF MICRONEEDLING

A next-generation RF microneedling treatment that combines precise microneedles with radiofrequency energy to stimulate collagen, improve skin texture, and target pigmentation for long-lasting rejuvenation.

STIMULATES COLLAGEN & ELASTIN

Strengthens skin for a firmer, smoother appearance.

IMPROVES TEXTURE

Refines pores, fine lines, and uneven skin tone.

TARGETS PIGMENTATION

Helps reduce discoloration, redness, and sun damage.

MINIMAL DOWNTIME

Effective results with little disruption to daily life.



IDEAL FOR

- Fine lines and wrinkles
- Uneven skin tone and texture
- Enlarged pores
- Pigmentation and redness
- Overall skin rejuvenation

TREATMENT DETAILS

Treatment Time
30–60 minutes

Sessions
3–4 recommended

Comfort
Topical numbing used

Downtime
Typically 1–3 days

RESULTS

Smoother, firmer, and more even skin with improved tone and texture. Continued improvement over the following months as collagen and elastin naturally rebuild.

EPICA
HUMAN HEALTH

SeeFactor CT3

PRECISION IMAGING



Advanced imaging. Greater clarity.

3D CT IMAGING
High-definition 3D imaging.

DIGITAL RADIOGRAPHY
Detailed 2D X-ray imaging.

FLUOROSCOPY
Real-time dynamic imaging.

MOBILE PLATFORM
Compact, mobile design for versatile use.

SIGNATURE TREATMENT

Hydro *Heal*

MOLECULAR HYDROGEN THERAPY

A safe, non-invasive wellness treatment that delivers high-purity hydrogen through a comfortable nasal cannula. HydroHeal supports overall wellness, helps combat oxidative stress, and promotes cellular health from within.



KEY BENEFITS



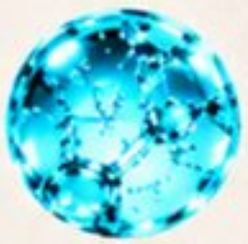
POWERFUL ANTIOXIDANT SUPPORT

Helps neutralize harmful free radicals.



SUPPORTS CELLULAR HEALTH

Promotes healthy aging and recovery.



ENHANCES MENTAL CLARITY

Supports focus, energy, and overall cognition.



OVERALL WELLNESS

Supports immune function and natural inflammation response.



TREATMENT DETAILS

SESSION LENGTH
30–60 minutes

COMFORT LEVEL
Delivered through a nasal cannula. Relaxing and comfortable.

RECOMMENDED SERIES
Varies based on your wellness goals.

DOWNTIME
None
You can return to normal activities immediately.

ADVANCED RECOVERY & WELLNESS

HBOT

HYPERBARIC OXYGEN THERAPY

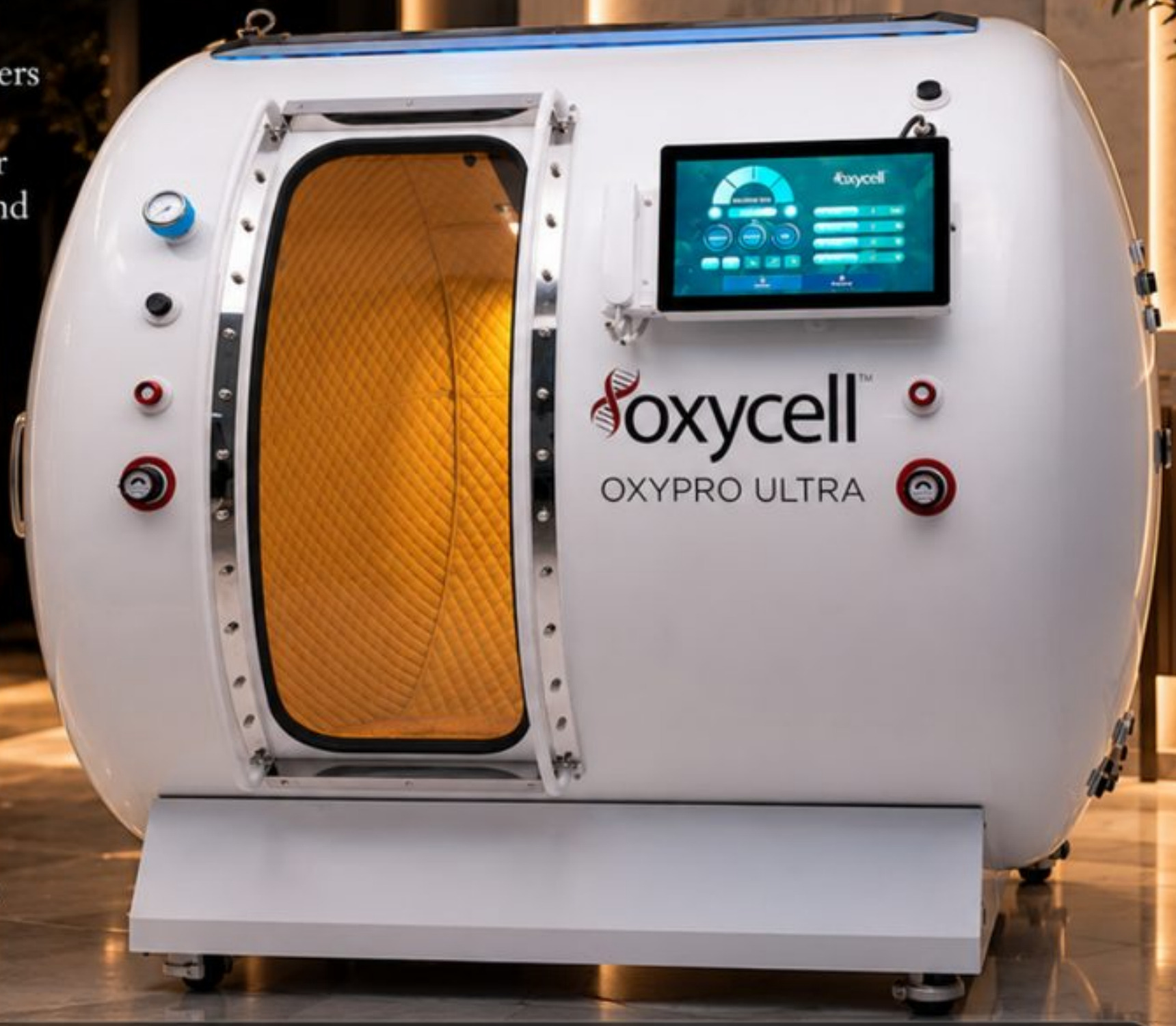
A wellness treatment that delivers 100% oxygen in a pressurized environment to support cellular repair, reduce inflammation, and enhance overall performance and recovery.

PROMOTES CELLULAR REPAIR
Supports tissue healing and regeneration.

REDUCES INFLAMMATION
Helps decrease swelling and speeds recovery.

ENHANCES MENTAL CLARITY
Improves focus, mood, and cognitive function.

SUPPORTS OVERALL WELLNESS
Boosts energy, immunity, and athletic performance.



IDEAL FOR

- Athletic recovery and performance
- Chronic inflammation
- Post-procedure healing
- Immune system support
- Brain health and mental clarity
- Overall wellness and longevity

TREATMENT DETAILS

TREATMENT TIME
60–90 minutes

SESSIONS
3–5 recommended

COMFORT
Relax in a spacious, pressurized chamber with 100% oxygen

DOWNTIME
None

RESULTS

Supports faster recovery, reduced inflammation, improved energy and focus, and enhanced overall health and performance.

RECOVERY | DETOX | WELLNESS

INFRARED SAUNA

DETOXIFY • RECOVER • REJUVENATE

A full-body wellness treatment that uses infrared heat to promote detoxification, improve circulation, support recovery, and enhance overall health and well-being.

DETOXIFIES THE BODY
Supports natural elimination of toxins through sweat.

SUPPORTS RECOVERY
Helps reduce muscle soreness and inflammation.

IMPROVES CIRCULATION
Enhances cardiovascular health and oxygen flow.

PROMOTES RELAXATION
Reduces stress and supports better sleep.



IDEAL FOR

- Detoxification and immune support
- Post-workout recovery
- Muscle soreness and inflammation
- Stress reduction
- Improved sleep and mental clarity
- Overall wellness and longevity

TREATMENT DETAILS

SESSION TIME
20–40 minutes

FREQUENCY
2–5 times per week

TEMPERATURE
120–150°F

COMFORT
Relax in a private, full-body infrared sauna.

RESULTS

Supports detoxification, faster recovery, improved circulation, reduced stress, and enhanced overall wellness and vitality.

RECOVERY | PERFORMANCE | WELLNESS

COMPRESSION THERAPY

NORMATEC COMPRESSIONI BOOTS

A dynamic air compression therapy designed to improve circulation, reduce muscle soreness, and accelerate recovery.

IMPROVES CIRCULATION
Enhances blood flow and oxygen delivery.

REDUCES MUSCLE SORENESS
Helps flush out metabolic waste and decrease inflammation.

ACCELERATES RECOVERY
Supports faster post-workout recovery and performance.

PROMOTES OVERALL WELLNESS
Reduces swelling, improves mobility, and supports lymphatic drainage.



IDEAL FOR

- Post-workout recovery
- Muscle soreness and fatigue
- Athletic performance
- Reduced swelling
- Improved circulation
- Overall wellness and recovery

TREATMENT DETAILS

SESSION TIME
30–60 minutes

FREQUENCY
2–4 times per week

COMPRESSION ZONES
Sequential, dynamic compression

COMFORT
Fully customizable intensity and treatment time

RESULTS

Supports faster recovery, reduced muscle soreness, improved circulation, and enhanced athletic performance and overall wellness.

REGENERATION | RECOVERY | CELLULAR HEALTH

PEMF THERAPY

PULSED ELECTROMAGNETIC FIELD THERAPY

A non-invasive therapy that uses pulsed electromagnetic fields to support cellular function, reduce inflammation, and enhance the body's natural ability to heal and recover.

STIMULATES CELLULAR ENERGY
Supports ATP production and cellular repair.

REDUCES INFLAMMATION
Helps decrease pain, swelling, and discomfort.

IMPROVES CIRCULATION
Supports oxygen and nutrient delivery.

PROMOTES OVERALL WELLNESS
Enhances recovery, sleep, and long-term health.



IDEAL FOR

- Chronic pain and inflammation
- Post-injury recovery
- Athletic performance
- Joint and muscle health
- Improved sleep and stress reduction
- Overall wellness and longevity

TREATMENT DETAILS

SESSION TIME
20–40 minutes

FREQUENCY
2–4 times per week

INTENSITY
Customized to individual needs

COMFORT
Lie or sit comfortably on the plate (clothed, no downtime)

RESULTS

Supports faster recovery, reduced inflammation, improved cellular function, increased energy, and enhanced overall health and performance.

VITAMINS | RECOVERY | IMMUNITY | ENERGY

IV THERAPY

MYERS COCKTAIL • GLUTATHIONE • B12

Intravenous therapy delivers essential vitamins, minerals, and antioxidants directly into the bloodstream for maximum absorption and fast results.



MYERS COCKTAIL

A powerful blend of vitamins and minerals to support immunity, energy, and overall wellness.



KEY INGREDIENTS

- Vitamin C
- B-Complex (B1, B2, B3, B5, B6, B12)
- Magnesium
- Calcium

TOP BENEFITS

- Boosts energy and reduces fatigue
- Supports immune function
- Improves mental clarity and focus
- Aids in recovery and reduces inflammation
- Replenishes essential nutrients

IDEAL FOR

- Low energy and fatigue
- Immune support
- Stress and high workload
- Post-travel or post-illness recovery
- Overall wellness and prevention

GLUTATHIONE

A master antioxidant that helps detoxify the body, brighten skin, and support cellular health.



KEY INGREDIENTS

- Glutathione

TOP BENEFITS

- Detoxifies the body and supports liver health
- Promotes brighter, more even skin tone
- Reduces oxidative stress and inflammation
- Supports immune function
- Enhances cellular repair and longevity

IDEAL FOR

- Detoxification and liver support
- Clearer, brighter skin
- Reducing inflammation
- Immune support
- Anti-aging and overall cellular health

B12

An essential vitamin that helps increase energy, support metabolism, and improve mental focus.



KEY INGREDIENTS

- Vitamin B12 (Methylcobalamin)

TOP BENEFITS

- Increases energy and reduces fatigue
- Supports mental clarity and focus
- Aids in metabolism and healthy weight management
- Supports mood and nerve function
- Enhances athletic performance and recovery

IDEAL FOR

- Low energy and fatigue
- Mental focus and productivity
- Metabolism support
- Athletic performance
- Overall wellness and vitality

LONGEVITY | CELLULAR HEALTH | ENERGY

NAD+ BOOSTER SHOT

CELLULAR REPAIR • ENERGY • BRAIN HEALTH

A high-potency NAD+ booster that helps replenish cellular levels, support mitochondrial function, and promote healthy aging from the inside out.

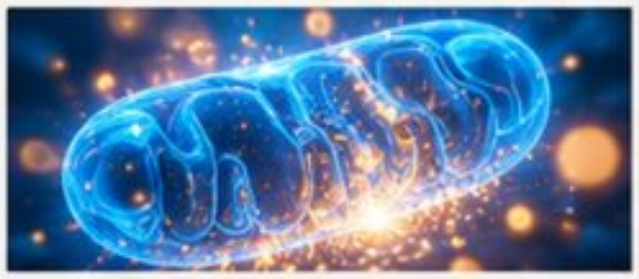
INCREASES CELLULAR ENERGY
Supports natural NAD+ production for more energy and reduced fatigue.

SUPPORTS BRAIN HEALTH
Promotes mental clarity, focus, and cognitive function.

AIDS CELLULAR REPAIR
Supports DNA repair, metabolism, and longevity.

PROMOTES HEALTHY AGING
Helps maintain cellular health and overall vitality.





BOOSTS CELLULAR ENERGY

NAD+ plays a key role in mitochondrial function, helping the body convert nutrients into energy.



SUPPORTS BRAIN FUNCTION

May improve mental clarity, focus, memory, and overall cognitive performance.



AIDS DNA REPAIR

Supports the body's natural repair processes and helps maintain healthy cells.



PROMOTES HEALTHY AGING

Helps maintain NAD+ levels, supporting longevity, resilience, and overall wellness.

IDEAL FOR

- Low energy and fatigue
- Mental clarity and focus
- Healthy aging and longevity
- Athletic performance and recovery
- Overall cellular health

TREATMENT DETAILS

APPOINTMENT TIME
10–15 minutes

ADMINISTRATION
Intramuscular injection

FREQUENCY
As recommended by provider

COMBINES WELL WITH
IV therapy, peptides, and other longevity treatments

RESULTS

- Increased energy and reduced fatigue
- Improved mental clarity and focus
- Enhanced cellular repair and longevity

REGENERATION | RECOVERY | PERFORMANCE | LONGEVITY

BIOCODE RX IV PUSH

CELLULAR SUPPORT FOR OPTIMAL WELLNESS

Biocode RX is a regenerative blend of peptides, amino acids, and cofactors designed to support cellular repair, reduce inflammation, and enhance overall performance and longevity.

SUPPORTS CELLULAR ENERGY
Helps optimize mitochondrial function and energy production.

REDUCES INFLAMMATION
May help modulate inflammatory pathways and support recovery.

ENHANCES RECOVERY
Supports tissue repair, physical performance, and post-procedure healing.

SUPPORTS COGNITIVE FUNCTION
Promotes mental clarity, focus, and overall brain health.

PROMOTES LONGEVITY
Aids in cellular repair, detoxification, and overall wellness.



IDEAL FOR

- Low energy and fatigue
- Recovery and performance
- Inflammation support
- Mental clarity and focus
- Overall wellness and longevity

TREATMENT DETAILS

APPOINTMENT TIME
5–10 minutes

ADMINISTRATION
IV push (1 vial)

FREQUENCY
As recommended by provider

KEY INGREDIENTS

- Peptides
- Amino acids
- Cofactors
- Antioxidants
- Nutrient support complex

REGENERATE | RECOVER | PERFORM | LONGEVITY

STEM CELL INFUSION

WHOLE-BODY REGENERATION AND RECOVERY

A powerful intravenous therapy designed to support cellular repair, reduce inflammation, enhance recovery, and promote long-term health and longevity.

SUPPORTS CELLULAR REPAIR
Helps stimulate the body's natural regeneration processes.

REDUCES INFLAMMATION
May help modulate immune response and support healing.

ENHANCES RECOVERY
Supports faster recovery from physical stress, injury, and aging.

PROMOTES LONGEVITY
Supports overall wellness, performance, and healthy aging.



IDEAL FOR

- Immune system support
- Faster recovery and performance
- Chronic inflammation
- Healthy aging and longevity
- Overall wellness optimization

TREATMENT DETAILS

APPOINTMENT TIME
60–90 minutes

ADMINISTRATION
IV infusion (1 session)

FREQUENCY
As recommended by provider

KEY BENEFITS

- Cellular regeneration
- Reduced inflammation
- Enhanced recovery
- Improved energy and vitality
- Support for long-term health

REGENERATE | RECOVER | PERFORM | LONGEVITY

ADIPOSE STEM CELL HARVEST

NATURAL REGENERATION FROM WITHIN

A minimally invasive procedure that harvests your own adipose (fat) tissue, which is rich in mesenchymal stem cells and growth factors, to support whole-body regeneration, healing, and rejuvenation.



RICH IN STEM CELLS
Adipose tissue contains a high concentration of mesenchymal stem cells and growth factors.

SUPPORTS REPAIR
Helps stimulate natural healing and tissue regeneration.

ANTI-INFLAMMATORY
May help reduce systemic inflammation and support immune function.

NATURAL & AUTOLOGOUS
Uses your own tissue, minimizing the risk of adverse reactions.

WHOLE-BODY BENEFITS
Supports overall wellness, longevity, and healthy aging.

IDEAL FOR

- Overall regeneration and wellness
- Chronic inflammation
- Joint and tissue support
- Healthy aging and longevity
- Recovery and performance optimization

TREATMENT DETAILS

APPOINTMENT TIME
60–90 minutes

PROCEDURE
Minimally invasive liposuction to harvest adipose tissue

PROCESSING
Tissue is processed to isolate stem cells and growth factors

DOWNTIME
Typically 2–7 days

KEY BENEFITS

- Stem cell–rich adipose tissue
- Supports tissue repair and healing
- May reduce inflammation
- Enhances recovery
- Promotes healthy aging
- Boosts overall wellness
- Can be used for a variety of regenerative treatments

RELIEVE | REPAIR | RESTORE | MOBILITY

JOINT INJECTIONS

REGENERATIVE THERAPY FOR LASTING RELIEF

Image-guided injections using Biocode, stem cells, exosomes, or PRP to reduce pain, decrease inflammation, and support natural healing in your joints, helping you move better and feel stronger.



REDUCES PAIN
Targets the source of joint discomfort and inflammation.

SUPPORTS HEALING
Delivers concentrated growth factors and regenerative cells to stimulate tissue repair.

IMPROVES FUNCTION
Helps restore mobility, stability, and range of motion.

LONG-TERM BENEFITS
Supports joint health and may delay or reduce the need for surgery.

TREATMENT DETAILS

APPOINTMENT TIME
30–60 minutes (per joint or area)

PROCEDURE
Image-guided injection using ultrasound or C-arm (depending on the joint)

BIOLOGICS USED
Biocode, stem cells, exosomes, or PRP (customized to your needs)

DOWNTIME
Minimal
(most patients resume normal activities within 24–72 hours)

TREATED AREAS



MEASURE | OPTIMIZE | PERFORM | LONGEVITY

PNOE MAX SESSIONS

ADVANCED METABOLIC & CARDIORESPIRATORY TESTING

Comprehensive, non-invasive testing that measures your resting metabolic rate, VO_2 max, and respiratory efficiency to provide personalized insights for better energy, performance, and long-term health.

RESTING METABOLIC RATE

Measures the number of calories your body burns at rest to optimize nutrition and body composition.

VO_2 MAX

Assesses your cardiovascular fitness and aerobic capacity to improve endurance, performance, and longevity.

RESPIRATORY EFFICIENCY

Analyzes how efficiently your body uses oxygen and fuel to enhance training, recovery, and overall health.

PERSONALIZED INSIGHTS

Data-driven recommendations to guide training, nutrition, and recovery for your goals.



SESSION DETAILS

APPOINTMENT TIME
45–60 minutes
(per session)

PROCESS
Wear a comfortable mask while walking on a treadmill. A short, gradual exercise test is performed to measure metabolic and cardiovascular markers.

RESULTS
Detailed report including resting metabolic rate, VO_2 max, respiratory efficiency, and personalized recommendations.

ANALYZE | BALANCE | OPTIMIZE | THRIVE

BIOMEFX TEST

ADVANCED GUT MICROBIOME ANALYSIS

A comprehensive **stool** test that analyzes your gut microbiome, digestive health, and metabolic markers to uncover imbalances and create a personalized plan for better digestion, immunity, energy, and overall wellness.

ANALYZES GUT HEALTH
Identifies imbalances in gut bacteria, digestive function, and inflammation.

SUPPORTS IMMUNITY
A healthy gut microbiome strengthens immune function and overall resilience.

OPTIMIZES METABOLISM
Provides insights into nutrient absorption, metabolism, and weight management.

PERSONALIZED PLAN
Actionable recommendations for diet, supplements, and lifestyle based on your results.



TEST DETAILS

APPOINTMENT TIME
Simple at-home collection kit

PROCESS
Collect sample at home and send to lab

RESULTS
Typically 2–3 weeks

WHAT YOU RECEIVE
Detailed report with personalized recommendations for diet, supplements, and lifestyle

WHAT IT ANALYZES

- Gut Bacteria Diversity
- Digestive Function
- Inflammation Markers
- Nutrient Absorption
- Metabolic Health
- Immune Function
- Food Sensitivities & Intolerances
- Gut-Brain Connection